

Carl-Schurz-Haus

Deutsch-Amerikanisches Institut e.V.



## Size Zero and Obesity – Eating in the Land of Extremes

Greta Olson (University of Gießen)

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Hörsaal 1199, KG 1 der Universität



America's obsession with food and body size is reflected in two bodily extremes – that of the seemingly starved, often surgically enhanced designer body of the affluent and that of the obese, often economically disadvantaged person. This talk examines America's two-body society, a division which mirrors disparities between the privileged and the underprivileged. It describes correlations between body ideals, gender, race, and types and disordered eating, including bulimia, anorexia, and binge eating. It takes a detour into a third body type – being ripped – and asks why and how the waistline became a class marker in the United States and questions attitudes regarding fat prejudice.